

**TOOELE COUNTY PROCLAMATION
MENTAL HEALTH AWARENESS MONTH**

Whereas half of the population will experience some type of mental health challenge over the course of a lifetime, and

Whereas mental health challenges are one of the most common health conditions in Utah, affecting one out of five individuals and impacting both the person experiencing mental health challenges and those persons who care for and have love the person facing the challenge; and

Whereas one out of every twenty-four Utahns with a serious and persistent mental illness (SPMI) have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population, and

Whereas every day, millions of people face STIGMA related to mental health and may feel isolated and alone, going years before receiving any help; and

Whereas RECOVERY can and does happen, and all Tooele County citizens should know that support and help is available regardless of any individual's situation; and

Whereas, CREATING A COMMUNITY of informed and caring individuals that foster an environment where everyone feels comfortable reaching out for the support they deserve is crucial to end the stigma around mental health, and

Whereas ACCESS to support and ending the stigma is of paramount importance, and

Whereas Tooele County wishes to ENHANCE PUBLIC AWARENESS of mental health, now, and in the future, therefore, be it

Resolved that the Tooele County Council, thereof concurring, hereby recognizes May 2023 as Mental Health Awareness Month with specific activities planned for the week of May 22-26, 2023, to enhance public awareness of mental health, to help end the stigma, and enrich the lives of all Tooele County citizens.

Adopted this 22nd day of May 2023.

Signed:



Jared Hamner, Chair
Tooele County Council

Signed:



Andy Welch, County Manager
Tooele County



Tooele County Council Agenda Item Summary

Department Making Request:

Human Services

Meeting Date:

May 23, 2023

Mark Options That Apply:

Grant
1 time

Contract
1 yr. or less

Purchase

Exp date: _____

Grant
With County Match

Contract
More than 1 yr.

Other MH Month Proclamation

Exp date: _____

Budget Impact:

In Budget

Over Budget

Amount of Contract, Service, Grant: \$ _____

Item Title: Mental Health Month Proclamation

Please answer the who? what? when? why?

Gary Dalton will introduce the Mental Health Month Committee and present a proclamation for the County Manager to sign designating May as Mental Health Awareness Month. The proclamation will be forthcoming.

They will present a list of specific activities occurring during the week of May 22-26 to engage the community and foster understanding of mental health needs. This effort will contribute to lessening the stigma attached to mental health disorders.

This item requests 15 minutes.

List who needs copies when approved: Gary K. Dalton